

## Cyber Scotland week 24 February to 2 March 2025

### **About CyberScotland Week**

CyberScotland Week is organised by CyberScotland Partnership, a collaboration of key stakeholders brought together by the Scottish Government's Cyber Resilience Unit with the aim of raising cyber security awareness and building Scotland-wide cyber resilience.

CyberScotland Week invites individuals, organisations and communities across Scotland to raise awareness of cyber security and strengthen our collective cyber resilience.

This year's theme, **Can't hack it!?**, highlights everyday actions everyone can take to improve their cyber resilience.

CyberScotland Week is for everyone, cyber threats are a reality that affect us all, in both our personal and professional lives. As our world becomes more connected, understanding the cyber risks and knowing how to protect yourself, your family, your business and your community is essential.

#### Can't hack it!?

According to guidance from the UK's National Cyber Security Centre (NCSC), everyday things people can do to improve their cyber resilience include:

#### For individuals

Using a strong and unique password for each account

- Turning on two-factor authentication
- Backing up your data (and enabling automatic backups)
- Reporting phishing scams to the Digital service desk at work
- Installing the latest updates as soon as they're available.

## For more information see on-line resources:

https://www.cyberscotland.com/cyber-security-at-home-and-work/

# For organisations

## Installing antivirus software

- Preventing staff from downloading dubious apps
- Keeping all your IT equipment up to date ('patching')
- Controlling how USB drives are used
- Switching on your firewall.

SPT has and continues to develop cyber security capability to support service delivery.